

**CONTINUING MEDICAL
EDUCATION PROGRAMME
ON YOGA THERAPY
FOR YOGA TEACHER/THERAPISTS**

Organised by



**Department of Human Consciousness and
Yogic Sciences,
Mangalore University, Mangalagangothri,
Karnataka -574199.**

Sponsored by



**Rashtriya Ayurveda Vidyapeeth,
(An autonomous organisation under
Ministry of AYUSH, Govt. of India)**

**June 30th to July 5th, 2022
(06 days)**

Venue

Department of Human Consciousness &
Yogic Sciences,
Mangalore University,
Mangalagangothri, Karnataka- 574 199.

About the University & Department

Mangalore University campus at Mangalagangothri, located about 20 km to the south-east of the historic coastal town of Mangaluru in Karnataka. It is a picturesque campus that sprawls over 333 acres, overlooking the confluence of the river Nethravathi with the Arabian Sea on the one side, and the cloud-capped Western Ghats on the other. The University campus is a self-contained facility that provides all the essential facilities and infrastructure for the pursuit of excellence in higher education.

Department of Human Consciousness and Yogic Sciences is unique being first in the country to offer two years master's degree programme (M.Sc.) in Yogic Sciences since 1998, with specializations in 1. Yoga therapy 2. Yoga spirituality. To spread the value-based knowledge of Yogic science, Namely Teaching, Therapy and research in Yoga, with its contribution in human resource development and capacity building with basic principles, underlying mechanisms and application potential of yoga practices. The department with the full fledged teaching and research center will provide an opportunity to scholars to work in this area of nation's rich heritage.

About the programme:

The department is going to organize six days Continuing Medical Education Programme on Yoga therapy For Yoga Teacher/therapists, which is sponsored by Rashtriya Ayurveda Vidyapeeth, (An autonomous organisation under Ministry of AYUSH, Govt. of India) from 30th June to 05th July, 2022.

Highlights of the programs:

- Basis and basics of Yoga therapy.
- Clinical evidence of Yoga therapy.
- Therapeutical applications of yoga in health and disease.
- Yoga therapy for Psychosomatic diseases.
- Diet in Yoga therapy.
- Yogic principles & Practices for healthy living.



Department of Human Consciousness &
Yogic Sciences, Mangalore University,
Mangalagangothri- 574 199

APPLICATION FORM

Sr. No.....

For enrollment to

Affix attested
recent passport
Size photograph

Continuing Medical Education (06 day) for Yoga teachers/Therapists

1. Name (in capital letters) : _____
2. Father's / Husband's Name : _____
3. Mother's Name : _____
4. Date of Birth : _____
5. Age as on 5th June 2022 : ____ Years. ____ Months ____ Days__
6. Sex (M/F) : _____
7. Nationality : _____
8. Adhar No (Attach Copy) : _____
9. Present Post hold : _____
10. Name of the Univ./College/
Institute : _____
11. Last CME attended on (Date & Subject) : _____
12. Total CME attended : _____
13. Marital Status : _____
14. Blood Group : _____
15. Complete Correspondence Address : _____
(Along with postal pin code) _____
16. Permanent Address : _____

17. Mobile No.(Preferably Whatsapp) :
18. Email address (in capital letters) :

